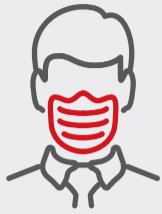


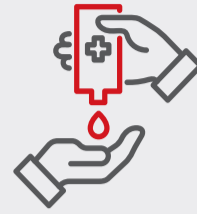
1 All individuals should arrive **separately** (max. 2 persons per car) wearing **face masks**.



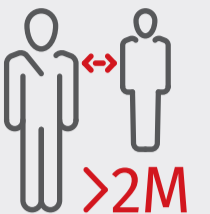
2 **Temperature** is to be checked before entry to the sporting facility.



3 Hand **sanitiser** is to be used upon entry to the facility.



4 Social **distancing** applies until training or match starts on pitch.



5 Any persons who are feeling unwell or show **symptoms** should stay at home, call **111** for a swab test and consult their GP.



6 Anyone who feels unwell during a Match or training is to stop, leave the pitch, self-isolate and call **111** and their GP.



7 **Masks/Visors** should be worn when not doing physical activity. Coaches and all staff must wear a mask or visor.



8 Water and any food/snacks must be brought by the players/staff. **No sharing** is allowed.



9 Shower facilities remain **closed**.



10 **No spectators** shall be allowed



11 Only persons **occupying a role** in the holding of a training session or a match shall be allowed.



12 Balls must be **disinfected** regularly during a Match or training.



13 **Equipment** e.g. cones should be disinfected before and after use.



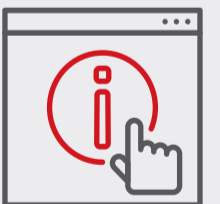
14 Clubs must ensure rigorous compliance with obligations related to the annual **medical examination** of players.



15 Every club must appoint a **Club Covid Officer**.



16 Maximum **cooperation** is to be ensured with Public Health Authorities.



17 Clubs are strongly advised to **video record** their training sessions/friendly matches to facilitate factual contact-tracing.



18 Players and staff are to avoid **crowded places** at all times.



FACE MASK OR VISOR TO BE WORN AT ALL TIMES